

Course Notes

Course Title:	RYA Mile Builder	Course Start:	Monday July 10, 2017, 0900 hrs
Duration:	5 Days	Course Finish:	Friday July 14, 2017 1500 hrs
Minimum Age:	18yrs +	Meeting point:	Atlantica Marina Oak Island
Previous Experience:	RYA Day Skipper or equivalent; Coastal Skipper Shorebased an advantage		
Course Aim:	Experience passage making and night sailing, appropriate coaching		

Arrival Notes

Please meet me in the lower parking lot at the Atlantica Hotel and Marina Oak Island at 0900 **July 10 2017**. We will go down to the boat and begin preparations for departure.

Mile Builder Details

This is a mile builder, not a course with specific performance objectives. You will receive coaching and will experience passage making, watchkeeping and night sailing. You will be able to practice your existing skills and learn new ones. Coaching will include but not be limited to pilotage, navigation, seamanship, boat handling and passage planning up to the standard required to skipper a cruising yacht safely by day and night in coastal and offshore waters as well as consolidating skills for Yachtmaster prep and exams.

The sailing area will be the Nova Scotia coast, and Northumberland Strait. Passage length – approximately 325 nautical miles. We will finish at a marina in Charlottetown.

The Yacht - Michaela

The yacht you will be staying onboard, is commercially coded by RYA/MCA as category 2 compliant, which is 60 miles from a safe haven and is able to carry 6 people including the Skipper. We also participate in the Transport Canada Small Vessel Compliance Program.

Facilities include on-board heating and a fridge and it is equipped with digital radar, several GPS, Satellite phone and an AIS Transponder. The yacht has a big boat feel, full keel, hydraulic wheel steering and a powerful mast head rig.

Meals Onboard

The yacht will be stocked for the course for at least three meals a day, including snacks and drinks. If you wish to, you may bring a bottle of something to enjoy in any evenings in which we are anchored or moored. We may do a pub meal if itinerary and schedule permit. This will be at your own expense.

We can cater for any special dietary requirements as long as you let us know on the registration form or at least a week before arrival, to ensure that the correct food is taken on board.

Kit & Clothing

Discovery Sailing will provide all necessary safety equipment i.e. Life jackets which are kept on board the yacht.

You will be spending the entire week onboard the yacht and are required to **provide your own sleeping bag**. In exceptional circumstances and with prior notice we MAY be able to make arrangements for a sleeping bag to be available. Please think carefully about what you bring and pack your gear in a soft collapsible bag, not a suit case, and pack light! As well, remember, it may be cooler on the water.

Discovery Sailing will provide:

- Life jackets and tethers
- All harbour fees and fuel

You provide:

- Sleeping bag
- Sailing pants (preferably not jeans)
- Shorts, T-shirts (summer sailing)
- Spray jacket (optional)
- Foul weather gear

Course Notes

- Sea boots, warm socks
- Deck shoes (non marking soles) or sandals
- Warm fleece
- Sun hat, sunscreen
- **LED headlamp preferably with a choice of red for night navigation. (optional)**

Contact:

Tel: (877) 275-8377 toll free cell
Email Dave@discoverysailing.com

How to get there:

Atlantica Hotel and Marina Oak Island
36 Treasure Drive, Western Shore, **Nova Scotia**
Tel: (800) 565-5075.

<http://www.atlanticaoakisland.com/en/home/default.aspx>

For driving directions to/from Halifax Airport, see the page <http://DiscoverySailing.com/directions>

Weather information -

http://www.weatheroffice.gc.ca/marine/forecast_e.html?mapID=15&siteID=1410

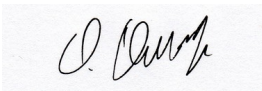
Recommended Reading :-

Your Coastal Skipper course manual
(Chart 1) Abbreviations and Symbols
Anything I send you!

For information and advice on the kit list, please contact me.

If you need help with getting from the airport to the marina, let me know and I will assist.

Fair Winds and look forward to sailing with you,



Dave

Dave DeWolfe
RYA Yachtmaster Oceans, Instructor & Examiner
www.DiscoverySailing.com

***Insurance:** For your own peace of mind, we strongly advise you hold cancellation insurance in case circumstances result in you being unable to attend or have to curtail the course. Please refer to the Terms and Conditions of Booking for our full cancellations policy. We also recommend you have suitable insurance to cover the loss of or damage to any personal belongings while you are with Discovery Sailing.*