

# Course Notes

<b>Course Title:</b>	<b>RYA Coastal Skipper</b>	<b>Course Start:</b>	Monday Sept. 26, 2016
<b>Duration:</b>	5 Days	<b>Course Finish:</b>	Friday Sept. 30, 2016 1400 hrs
<b>Minimum Age:</b>	18yrs +	<b>Meeting point:</b>	Marina Office
<b>Previous Experience:</b>	RYA Day Skipper or equivalent; Coastal Skipper Shorebased an advantage		
<b>Course Aim:</b>	Competent skipper on Coastal and Offshore passages by day and night		

## Arrival Notes

Please meet me at the marina office in the lower parking lot at **0900hrs**. I will take you down to the yacht Michaela on which you will be spending the entire week.

## Course Details

This is an advanced level course which teaches pilotage, navigation, seamanship, boat handling and passage planning up to the standard required to skipper a cruising yacht safely by day and night in coastal and offshore waters.

The sailing area will be the South Shore of Nova Scotia, include the Mahone Bay and Lunenburg area coastlines. Specifics will depend upon weather conditions. There will be lots of night sailing.

## The Yacht - Michaela

The yacht you will be staying onboard, is commercially coded by RYA/MCA as category 2 compliant, which is 60 miles from a safe haven and is able to carry 6 people including the Skipper. We also participate in the Transport Canada Small Vessel Compliance Program.

Facilities include on-board heating and a fridge and it is equipped with Radar and GPS. The yacht has a big boat feel, full keel, hydraulic wheel steering and a powerful mast head rig.

## Meals Onboard

The yacht will be stocked for the course for at least three meals a day, including snacks and drinks. If you wish to, you may bring a bottle of something to enjoy in any evenings in which we are anchored or moored. We may do a pub meal if itinerary and schedule permit. This will be at your own expense.

We can cater for any special dietary requirements as long as you let us know on the registration form or at least a week before arrival, to ensure that the correct food is taken on board.

## Kit & Clothing

Discovery Sailing will provide all necessary safety equipment i.e. life jackets which are kept on board the yacht.

You will be spending the entire week onboard the yacht and are required to **provide your own sleeping bag**. In exceptional circumstances and with prior notice we MAY be able to make arrangements for a sleeping bag to be available.

## Discovery Sailing will provide:

- Life jackets and tethers
- All harbour fees and fuel, meals aboard
- Lots of useful training and coaching

Please think carefully about what you bring and pack your gear in a soft collapsible bag, not a suit case, and pack light! As well, remember, it may be cooler on the water.

- Sleeping bag
- Sailing pants (preferably not jeans)
- Shorts, T-shirts (summer sailing)
- Spray jacket (optional)

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- Foul weather gear
- Sea boots, warm socks
- Deck shoes (non marking soles) or sandals
- Warm fleece
- Sun hat, sunscreen
- LED headlamp preferably with a choice of red for night navigation.

**Contact:**

Tel: (877) 275-8377 toll free cell  
Email Dave@discoverysailing.com

**How to get there:**

Atlantica Hotel and Marina Oak Island  
36 Treasure Drive, Western Shore, **Nova Scotia**  
Tel: (800) 565-5075.

<http://www.atlanticaoakisland.com/en/home/default.aspx>

For driving directions from Halifax Airport, see the page <http://DiscoverySailing.com/directions>

Weather information -

[http://www.weatheroffice.gc.ca/marine/forecast\\_e.html?mapID=15&siteID=1410](http://www.weatheroffice.gc.ca/marine/forecast_e.html?mapID=15&siteID=1410)

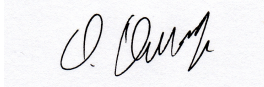
**Recommended Reading :-**

Your Coastal Skipper course manual  
(Chart 1) Abbreviations and Symbols  
Anything I send you!

For information and advice on the kit list, please contact me.

If you need help with getting from the airport to the marina, let me know and I will assist.

Fair Winds and look forward to sailing with you,



Dave

Dave DeWolfe  
RYA Yachtmaster Instructor / Examiner  
RYA Yachtmaster Ocean Examiner  
[www.DiscoverySailing.com](http://www.DiscoverySailing.com)

***Insurance:** For your own peace of mind, we strongly advise you hold cancellation insurance in case circumstances result in you being unable to attend or have to curtail the course. Please refer to the Terms and Conditions of Booking for our full cancellations policy. We also recommend you have suitable insurance to cover the loss of or damage to any personal belongings while you are with Discovery Sailing.*